



## Sussex Family YMCA

105 Church Street  
Rehoboth, DE 19971  
(302) 296-YMCA

### Coaching Team:

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(Send all HYTEK Entries)

Phone: (302) 296-9622 Ext. 116

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Website: [www.swimmingtsunamis.org](http://www.swimmingtsunamis.org)

**FACILITY:** The pool is a 6 lane, 25 yard indoor pool with starting blocks; non-turbulent lane lines, locker rooms and ample parking. There are 2 sets of low bleachers and chairs provided for spectators on the pool deck. The pool area is warm- please dress appropriately. A food concession is provided by the Tsunamis Parents.

**Pool Depth-** Shallow end 3 ft; Deep end 8 ft.(location of starting blocks)

### **DIRECTIONS:**

**From North-**Take Route 1 South past the Rehoboth Beach exit for Rehoboth Ave. Take the next left onto Church Street at the Delaware National Bank. The YMCA is on your left, just past the bank.

**From South-** Take Route 1 North through Dewey Beach. Follow Route 1 over the Canal Bridge, take the second right onto Church Street. Delaware National Bank is on the corner and the YMCA will be on your left.

**From West-** Take either Route 9 or Route 24 East to Route 1. Bear right on Route 1, then follow directions above (North).